



“Risk” versus “Benefit” statement.

As an organisation we firmly believe in the benefit to students of using specified adventurous outdoor activities as a powerful and impactful vehicle for personal, social and key skill development. A detailed assessment of risks for each activity is undertaken both in a formal written format and dynamically whilst in the field and this is weighed up against the positive benefit of the activity. We are unable to remove all risks, but manage risk to a tolerable level.

Activities are targeted to varying adventure thresholds so that the groups’ needs are met and physiological wellbeing of individuals, maintained.

The benefit of using outdoor pursuits and team building activities has been well documented over the past 60 years.

The following 10 positive outcomes are often achieved.

1. Enjoyment

Young people enjoy participating in outdoor activities and adopt a positive attitude to challenge, learning and adventure.

2. Confidence and Character

Young people are developing personal confidence and character through taking on challenges and achieving success.

3. Health and Wellbeing

Young people are learning to appreciate the benefits of physical fitness and the lifelong value of participation in healthy active leisure activities.

4. Social and Emotional Awareness

Young people are developing their self –awareness and social skills and their appreciation of the contribution and achievements of themselves and others.

5. Environmental Awareness

Young people are becoming alive to the natural environment and understand the importance of conversation and sustainable development.



6. Activity skills

Young people are acquiring and developing a range of psychomotor skills in support of their participation in outdoor pursuits, recreation and exploration

7. Personal Qualities

Young people are demonstrating increased initiative, self-reliance, responsibility, perseverance, tenacity and commitment.

8. Skills for Life

Young people are developing and extending their key skills of communication, problem solving, leadership and teamwork.

9. Increased Motivation and Appetite for Learning

Young people are displaying an increased motivation and appetite for learning that is contributing to raised levels of attainment and progress in other aspects of their development

10. Broadened Horizons

Young people are broadening their horizons and becoming open to a wider range of employment opportunities and life chances, life choices and lifestyles.