

# PATTERDALE HALL MULTI ACTIVITY WEEK

## PROGRAMME

Age 8 to 12 and Age 13 to 15

4 nights break - 31<sup>st</sup> August to 4<sup>th</sup> September 20



### Day 1

- Arrive 4.00pm -4.30pm
- Introductory talk and settle into rooms
- 5.30pm dinner
- 6.30pm evening night walk
- 8.30pm/9.00pm hot chocolate/age appropriate bedtime

### Day 2

- 8.00am breakfast
- 9.15am – 12.30pm low ropes course & archery
- 12.30pm – 1.30pm lunch
- 1.30pm – 4.30pm gorge walk
- 5.30pm dinner
- 6.30pm lawn games
- 8.30pm/9.00pm hot chocolate /age appropriate bedtime

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### Day 3

- 8.00am breakfast
- 9.15pm – 4.30pm hill walk day with rock climbing (take packed lunch)
- 5.30pm dinner
- 6.30pm rockets challenge
- 8.30pm/9.00pm hot chocolate /age appropriate bedtime

### Day 4

- 8.00am breakfast
- 9.15pm – 4.30pm water day (12.30pm – 1.30pm lunch) (canoeing, kayaking, stand up paddle boarding)
- 5.30pm dinner
- 6.30pm bush craft & campfire
- 8.30pm/9.00pm hot chocolate /age appropriate bedtime

### Day 5

- 8.00am breakfast
- 9.15am-12.30pm final challenge activity choice
- 12.30pm – 1.30pm lunch
- 1.30pm – 2.30pm depart Patterdale Hall