



# Bolton Outdoors and Patterdale Hall



## Daily Outdoor learning Challenge

Activity Bike Ride

Date 30/4/20

### Aim/Activity and Instructions.

With your parents support, dig out and dust off our bike and head off on a bike ride around your local area. Practice being safe on road and following the highway code. Don't forget to wear a helmet.

### Learning Outcomes:

Planning  
Navigation  
Journeying

### Resources:

Maps, paper, pen, pencil, camera, phone, Bike, helmet etc.

### Key Risk and Controls:

If going outside your home, take an adult with you.  
Follow all normal Covid 19 practice and normal behaviours for being in public places. Stay safe.  
Avoid Busy roads and areas. Risk Assess your journey.

### How to share your learning:

Once you have completed this task, share and send your photos of experiences to [sjb@boltonschool.org](mailto:sjb@boltonschool.org) or ask a family member to put it on Twitter and Tag us in

@BoltonOutdoor and @Patterdale\_Hall our Twitter  
@PatterdaleHall for our Facebook  
@patterdale\_hall for our Instagram

### Thought for the Day:

*'It is not where you go, or what you do that matters, but who you take along with you that counts'*

*Anon*

**Disclaimer:** Please undertake this activity under the direction of a competent adult agreed by your parents/carers. Be sensible and careful. Patterdale Hall and Bolton Outdoors cannot take responsibility for you on these activities, they are meant as a guide only.

***Please get some fresh air, stay safe, have fun and share your adventures with others.***