



# Bolton Outdoors and Patterdale Hall Daily Outdoor learning Challenge



Activity	How to Tie a clove hitch knot	Date	15/5/2020
<b>Aim/Activity and Instructions.</b>  Learn how to Tie a clove hitch knot  1. For a helpful coaching video go on to You tube and search BMC How to Tie a Clovehitch, or copy this link <a href="https://youtu.be/IZOlxQRrkcE">https://youtu.be/IZOlxQRrkcE</a>			
<b>Learning Outcomes:</b> To be able to Tie a Clovehitch knot			
<b>Resources:</b> A length of rope, cord or string Something to thread the knot on to, Karabiner, pencil etc.			
<b>Key Risk and Controls:</b> If going outside your home, take an adult with you. Follow all normal Covid 19 practice and normal behaviours for being in public places. Stay safe.			
<b>How to share your learning:</b> Once you have completed this task, email a picture of you completing your track stand to <a href="mailto:sjb@boltonschool.org">sjb@boltonschool.org</a> or ask a family member to put it on Twitter and Tag us in  @BoltonOutdoor and @Patterdale_Hall our Twitter  @PatterdaleHall for our Facebook  @patterdale_hall for our Instagram			
<b>Thought for the Day:</b> <i>'Your limitation—it's only your imagination.'</i>			
<b>Disclaimer:</b> Please undertake this activity under the direction of a competent adult agreed by your parents/carers. Be sensible and careful. Patterdale Hall and Bolton Outdoors cannot take responsibility for you on these activities, they are meant as a guide only.			

***Please get some fresh air, stay safe, have fun and share your learning and outcomes with others.***