



Bolton Outdoors and Patterdale Hall Daily Outdoor learning Challenge



Activity	Cornering with confidence	Date	20/5/2020
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Aim/Activity and Instructions.

Master the art of cornering on your bike.

Being able to corner confidently will allow you to ride safer and faster.

Go to You tube and search how corner with confidence or copy the link below
https://www.youtube.com/watch?v=u_3aJeJRjPU

Learning Outcomes:

To be more confident in corners and speed up your bike riding.

Resources:

Bike, Helmet, Outdoor Space

Key Risk and Controls:

If going outside your home, take an adult with you.

Follow all normal Covid 19 practice and normal behaviours for being in public places. Stay safe.

How to share your learning:

Once you have completed this task, email a picture of you completing your track stand to sjb@boltonschool.org or ask a family member to put it on Twitter and Tag us in

@BoltonOutdoor and @Patterdale_Hall our Twitter

@PatterdaleHall for our Facebook

@patterdale_hall for our Instagram

Thought for the Day:

'Your limitation—it's only your imagination.'

Disclaimer: Please undertake this activity under the direction of a competent adult agreed by your parents/carers. Be sensible and careful. Patterdale Hall and Bolton Outdoors cannot take responsibility for you on these activities, they are meant as a guide only.

Please get some fresh air, stay safe, have fun and share your learning and outcomes with others.